

1 PRE-FLIGHT PLANNING

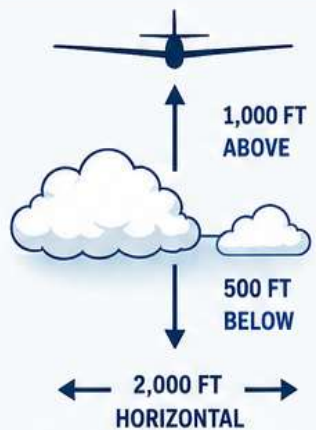
- ✓ Check Weather (METAR / TAF / Winds)
- ✓ NOTAMs & TFRs
- ✓ Aircraft Performance & Weight
- ✓ Fuel Planning (Trip + Reserve)
- ✓ Route Planning & Alternates
- ✓ Pilot Currency & Documents
- ✓ File VFR Flight Plan

VFR MINIMUMS (US)

VISIBILITY	CLOUD CLEARANCE
 1 SM min.	 500 FT below 1,000 FT above 2,000 FT horizontal

Remain Clear of Clouds & in Sight of Surface

2 VFR FLIGHT PLAN

DATE		FLIGHT RULES ☐ VFR ☐ OTHER _____
AIRCRAFT		
TAIL #		
PILOT		
DEPARTURE (FROM)		
DESTINATION (TO)		
ALTERNATE		
ROUTE OF FLIGHT		
TOTAL DISTANCE		
EST. TIME ENROUTE		
FUEL ON BOARD		
FUEL AT DESTINATION		
REMARKS		

3 IN-FLIGHT CHECKLIST

- ✓ Maintain VFR Conditions
- ✓ Scan: Outside – Instruments – Inside
- ✓ Check Weather Enroute
- ✓ Verify Position Regularly
- ✓ Update ETE & Fuel
- ✓ Communicate (CTAF / FSS as needed)
- ✓ Have an Escape Plan

4 EMERGENCY ACTIONS

-  **ENGINE FAILURE**
Best Glide – Aviate – Communicate
-  **LOST / DISORIENTED**
Climb (if safe) – Level Off – Check Instruments – Communicate
-  **MAYDAY**
121.5 – State: Location – Nature – Airspeed – Altitude – Intentions

5 COMMON FREQUENCIES

123.45	ATIS
118.XX	Ground
119.XX	Tower
120.XX	CTAF (Uncontrolled)
121.5	Emergency
122.2	FSS (Flight Service)

6 FUEL & TIME PLANNING

	TAXI / RUN-UP	_____ min.
	TAKEOFF TO DEST	_____ min.
	RESERVE (45 MIN)	_____ min.
	TOTAL REQUIRED	_____ min.
	TOTAL FUEL (GAL)	_____
	FUEL BURN (GPH)	_____

Plan for at least **45 MINUTES** reserve fuel at cruise.

7 WEATHER FACTORS

-  **WINDS**
Check direction, speed & gusts along route.
-  **CEILING**
Ensure ceilings are above your minimums.
-  **TEMPERATURE**
Affects performance & density altitude.
-  **ALTERNATES**
Always have a plan B (and C).

8 NOTES

